

# LSVT<sup>®</sup>LOUD

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## Tips to Maximize Communication

- Unless you think you are speaking too loudly, you are probably not talking loud enough.
- See a speech therapist:
  1. Get a baseline assessment of your speech as soon as possible.
  2. Learn to increase loudness in a healthy way without straining your voice.
  3. If you cough or choke while eating, have a swallowing assessment.
- Don't trust your brain to tell you when you are speaking loud enough. PD and other neurological conditions can often cause faulty feedback.
- Your speech will become louder and easier to understand when you learn **LSVT<sup>®</sup>LOUD**.

For more information about *LSVT Global* or to locate an *LSVT<sup>®</sup>* certified professional in your area, please contact us at:

**Phone**

**1.888.438.5788**

**Fax**

**1.206.202.4214**

**E-mail**

**[info@LSVTGlobal.com](mailto:info@LSVTGlobal.com)**

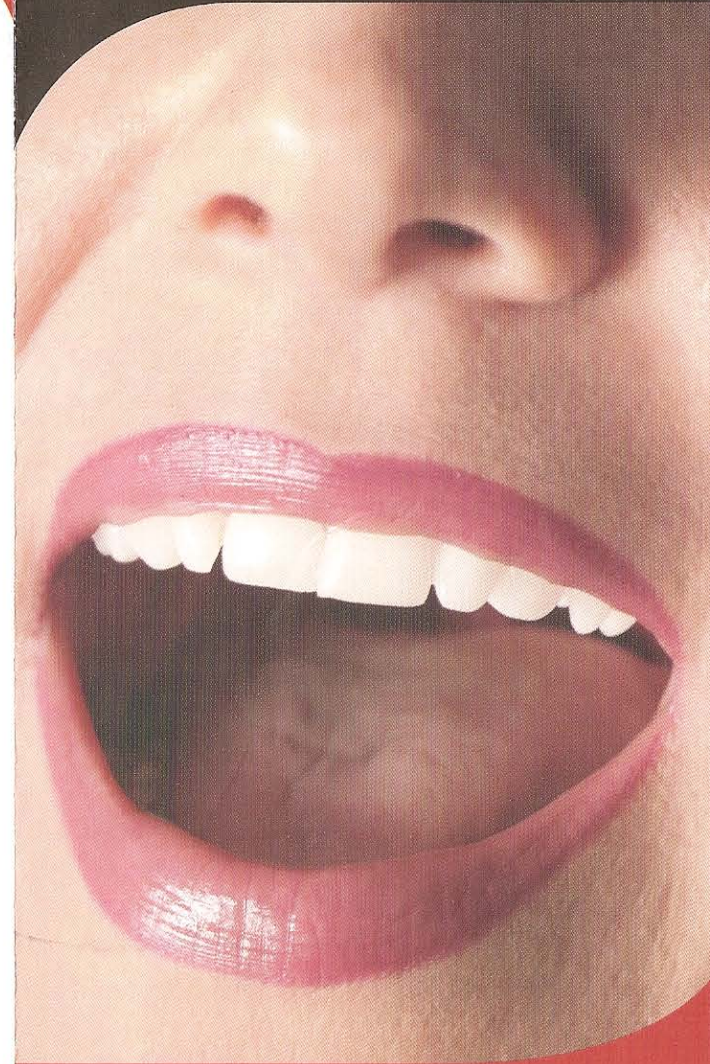
**Website**

**[www.LSVTGlobal.com](http://www.LSVTGlobal.com)**

**LSVT<sup>®</sup>LOUD**  
**Certified Clinician**

# LSVT<sup>®</sup>LOUD

**KEEP YOUR VOICE ALIVE!**



**Speech Treatment for  
Parkinson Disease and  
Neurological Conditions**

## Parkinson Disease and Neurological Conditions

### LSVT<sup>®</sup>LOUD

Virtually every person (89%) with Parkinson Disease (PD) will have problems with speech that start early in the disease process and that will progressively diminish their quality of life. Common speech problems include:

- **Soft voice**
- **Mumbled speech**
- **Monotone speech**
- **Hoarse voice**

Medicine and neurosurgery may dramatically improve other symptoms of PD, but they typically don't help speech disorders. The most effective way to improve speech is through speech therapy.

More than 15 years of research funded by the National Institute of Health (NIH) has documented that **LSVT<sup>®</sup>LOUD Parkinson-specific speech therapy is effective.**

**The results of the treatment last up to two years, making LSVT<sup>®</sup>LOUD the "gold standard" in treating speech disorders for people with PD.**



**LSVT<sup>®</sup>LOUD** is:

- **One month**
- **One hour per day**
- **Four days per week**  
(16 individual treatment sessions)

**LSVT<sup>®</sup>LOUD** research has demonstrated:

- **Improved vocal loudness**
- **Improved speech intelligibility**
- **More facial expression**

In addition, research has documented a positive impact on neural functioning (PET).

Today **LSVT<sup>®</sup>LOUD** is being delivered in 40 countries by over 4,000 LSVT Certified Clinicians.

# LSVT<sup>®</sup> GLOBAL

**The Official Voice of  
LSVT<sup>®</sup> Treatments**

**LSVT Global** offers both speech therapy (**LSVT<sup>®</sup>LOUD**) and physical – occupational therapy (**LSVT<sup>®</sup>BIG**) programs for patients, and provides certification and training for professionals. For optimum results, it is essential that **LSVT<sup>®</sup>** treatments be delivered by a certified professional.

***"If only we could hear and understand her speech..."***

This was the wish of Lee Silverman's family – a woman who sought therapy for Parkinson Disease (PD) in 1986.

At the request of the Silverman Family, researcher Dr. Lorraine Ramig and speech therapist Carolyn Bonitati, developed a voice therapy that helps people with PD and other neurological conditions regain their ability to speak.

In honor of Mrs. Silverman and the success of this therapy, the technique was named **LSVT<sup>®</sup> Lee Silverman Voice Treatment.**

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